



Welcome to Infinite Health Chiropractic

When consulting with any type of healthcare provider, it is essential to understand what the practitioner specialises in.

For example, you may not be aware of the fact that there are several types of Chiropractors. Most can be grouped into three (3) categories. It is important that you choose the right practitioner according to your own priorities and health goals.

THE THREE MAIN TYPES OF CHIROPRACTORS

Symptom Relief / Crisis Care Chiropractors

The primary role of these chiropractors is to only relieve pain and/or symptoms. Similar in their approach to medical doctors, physiotherapists, massage therapists and over the counter medications, as soon as the pain and/or symptom is relieved, care is generally ceased. X-rays and other diagnostic tests are rarely performed and a variety of treatment methods are utilised in the attempt to relieve the patients presenting complaint(s). The number of treatments recommended is based largely on the degree of pain/symptoms and the level of insurance coverage and often treatment is given at the first consultation.

Maintenance Chiropractors

This type of chiropractor sees patients until they are out of pain and/or symptoms have been relieved and will then usually recommend some type of maintenance care to keep the pain away (the frequency of which greatly differs between practitioners). X-rays are often ordered at the beginning of treatment, though progressive or follow-up x-rays are rarely recommended. Treatment is often given at the first consultation.

Wellness Chiropractors

Wellness Chiropractors are concerned with more than getting rid of the symptoms. They aim to find the cause of the problem, correct the shape of the spine and improving the function of the central nervous system.

This maximises the health potential of the patient and prevents future episodes. X-rays, postural assessment and other important tests are performed to determine the condition of the spine. Frequency of care is based on each individual, not on the amount of pain or symptoms present. Beyond symptomatic relief, these chiropractors will continue to show patients how to achieve greater levels of health and wellness through ongoing lifestyle care.

WHAT WE DO

At Infinite Health Chiropractic we specialise in Wellness Chiropractic care. We examine patients for a serious condition called **VERTEBRAL SUBLUXATION** which affects the spine and central nervous system. Our goal is to provide you and our community with exceptional service, education and Wellness Chiropractic care.

WHAT TO EXPECT ON YOUR FIRST TWO VISITS

Initial Consultation and Examination (45 min)

A comprehensive health history with functional and postural assessment will take place and may include digital pictures. If required you may be referred to have spinal X-rays taken (bulk billed). Treatment may or may not be given at the first consultation.

Report of Findings (30 min)

Your x-ray results and clinical findings will be discussed in detail with you. At this visit you will receive a full Chiropractic treatment. A protocol of your Chiropractic Health Care Plan will be discussed with you to ensure you get the best results.

Infinite Health Chiropractic...helping you reach your unlimited health potential.